

## **Executive Chair's Board**

### **Biographies**

#### **Professor James Kingsland OBE, Executive Chair**

A UK General Practitioner of considerable experience, James is the Senior Partner in a nationally renowned, award winning General Practice in the North West of England. He has a wealth of experience in primary care, medical education and medical politics.

He is the former President of the National Association of Primary Care (UK) having previously served as Chairman from 2004-08 and is the co-author and national clinical lead of the new care model for the NHS, the Primary Care Home.

He is a founding director of Waring health Ltd, an international specialist medical consultancy firm. In his international roles he is the primary care lead for the Faculty of Disaster Medicine for India and Nepal.

James was a GP trainer for 20 years and an undergraduate tutor for the medical schools of Liverpool and University College London. In June 2018 James was appointed as an honorary clinical professor in the School of Medicine at the University of Central Lancashire.

He served as a government advisor at the Department of Health from 1999 - 2002 and from 2009 – 2013 and was the National Clinical Lead for the English Department of Health's implementation programmes for Clinical Commissioning. In this role he was also the Primary Care Lead on the DH Board of the National Clinical Directors. He has also held advisory positions with the National Institute for Health and Care Excellence, Care Quality Commission and NHS Improvement.

James is a Non-Executive Director (NED) of the Royal Liverpool and Broadgreen University Teaching Hospitals and immediate past NED at Clatterbridge Cancer Centre NHS Foundation Trust where he was the Senior Independent Director. He is immediate past Chairman of the largest independent community pharmacy chain with national coverage in England.

Currently the longest serving BBC radio doctor, he remains the resident doctor for BBC Radio Merseyside. He regularly provides expert advice on national television and radio for both news and current affairs programmes.

Married, with two daughters; born in Nottingham, educated at the university of Liverpool, he now lives on the Wirral. An ardent Nottingham Forest FC fan.

#### **Dr Katie Armstrong MBBS MRCGP DFFP DCH**

Katie is a salaried GP in West Sussex and was Clinical Accountable Officer of Central West Sussex CCG from 2012-2018.

She trained in London and has been a GP for over 15 years, including 8 years as a GP partner and has been involved in commissioning at a local and national level since 2009.

She has wide experience of clinical leadership, service improvement and the complexities of system working. She is passionate about improving care for patients and improving the working lives of health care professionals, particularly how managers and clinicians can work more effectively together.

She is a mum to a young family and is currently working part time.

### **Professor Paul Batchelor BDS, DDPH(RCS), MCHD, MPH, PhD, FFGDP, FDS, FFPH**

Paul qualified from Liverpool working in a number of primary dental care posts prior to taking up the post of lecturer at the London Hospital. He then moved to King's College and onto UCL.

He currently holds an honorary Chair in the Faculty of Medicine at UCLan, and honorary Senior Lecturer post at UCL and Dental lead for the National Association for Primary Care. He acts as Chief Assessor for Fellowship of the FGDP(UK) as well as examiner for the Overseas Registration Examination of the General Dental Council.

He is a past President of the British Association for the Study of Community Dental Health and held the post of Vice Dean of the FGDP(UK) twice.

Paul acts as an advisor to the British Dental Association, with the Department of Health in Ireland on oral health policy, has sat on a number of NICE Committees and acted as Advisor to the House of Commons Health Committee. He has worked for a number of other international and national agencies as well and a member of the European Health Policy Group.

He has co-authored an undergraduate textbook and sits on a number of editorial boards.

### **Seema Buckley GPhC, MSc, B Pharm (Hons)**

Seema is a Commercial and Pharmaceutical Director working with global pharmaceutical companies with responsibility for directing commercial and market access projects, identifying strategic health technology recommendations with training solutions.

Ms Buckley is an accomplished healthcare executive with 20 years' experience in healthcare management, working in both NHS and private sectors, in primary, secondary, tertiary care services and as a payer.

Ms Buckley is experienced in design, delivery and review of health care programs, health strategy and healthcare services.

Ms Buckley has expertise in market access, pathway development and decision making in the NHS with experience across a range of disease areas including: oncology, neurology, respiratory, infectious diseases, mental health, immunology, cardiovascular disease and diabetes.

Most recently, Ms. Buckley was Chief Pharmacist and Director of Commissioning for Kingston, with

the statutory responsibility for the medicines budget and development of care pathways for the area.

Through her collaborative leadership style and strong clinician engagement, Ms Buckley has led many successful pathway reviews leading to improvements with measurable impact on population health and improved resource utilisation.

Prior to her roles in strategic payer organisations, Ms Buckley worked as a clinical pharmacist in many of London's teaching hospitals including Guy's and St Thomas', St Bartholomew's and King's College Hospitals.

Ms Buckley was previously a Medicines Prescribing Associate with the National Institute for Health and Clinical Excellence and a National Pharmaceutical Adviser to NHS England.

Ms. Buckley holds an MSc in Clinical Pharmacy and a Bachelors of Pharmacy (Honours) from University College London. Her areas of personal interest include health care planning and continuous quality improvement.

### **Wayne Farah**

Wayne is a full-time carer.

He works with the NHS Confederation as coordinator of the national BME Leadership network. He is also a senior consultant with QK Associates which works primarily with social housing providers, where he leads the health and social care department.

He has over 18 years' experience as an NHS non-executive including 6 years as Vice-Chair of Newham CCG. At NCCG Wayne was the architect of the Newham community prescription which won the BT Sports Industry 2018 Community Programme of the Year award. His contribution to improving health care for disadvantaged communities was recognised in 2015 with an HSJ Patient Leader Award. He relocated to the west Midlands earlier this year and will join the board of the Coventry and Warwickshire Partnership Trust in September.

Wayne has over 30 years' experience as a social entrepreneur and community organiser. He is a long-term associate of the Institute of Race Relations and has had leadership roles in numerous grassroots community organisations.

He is a former Chair of An Viet Housing Association and trustee of Newham Monitoring Project and Doctors of the World UK. He was a founding member of Adcris CIC, Umoja Theatre Company, Vision Care for Homeless People, the Migrants Rights Network, ARHAG Housing Association (where he is now a trustee) and the National Association of Link Workers (where he is the chair).

He has worked as a social worker, a HR manager, and Senior Policy advisor in local government, and as a lecturer at London Met University.

Wayne studied theatre at Dartington College of Arts, then a post graduate diploma in management at UEL before undertaking postgraduate study in occupational psychology at UMIST researching the impact of occupational stress on health under Prof Cary Cooper.

Wayne's hobbies include gardening and running regular half marathons to raise money for cancer research.

### **Dr Nicholas Hicks MA (Cambridge), BM BCh (Oxford), FRCP FRCGP FFPH**

Nick is Managing Director of OptiMedis-Cobic UK and an Honorary Senior Research Fellow in the Nuffield Department of Primary Health Care Science University of Oxford. He is also an associate Fellow at Green Templeton College, Oxford where he runs the Green Templeton Management in Medicine Programme.

Previously he was Chief Executive of Milton Keynes Primary Care Trust and Director of Public Health in Milton Keynes. Nick's career has included time as a practising GP, a health services' researcher, a public health consultant, and several attachments in the UK Department of Health, where he was the lead author of the National Service Framework for Coronary Heart Disease and subsequently the only medically qualified member of the Department of Health's Strategy Unit which worked directly to ministers.

Nick qualified from Oxford University as a Doctor in 1982 and subsequently trained in general practice and public health. He has held clinical and academic posts in Bath, Bristol and Oxford. He was awarded a Harkness Fellowship which he held at the Rand Corporation, Santa Monica, California.

His areas of professional interest include the use of evidence in policy making, population health, coronary heart disease and health inequalities.

Nick has been instrumental in developing the principles and practice of outcomes-based commissioning and population health management in the UK and in understanding the implications for providers. He regularly advises on both strategy and the practical actions needed to implement population health and integrated care.

### **Becky Meadows**

Becky is an independent consultant specialising in organisational and personal development and the implementation of effective change in healthcare and related organisations. A former Director and Deputy CEO, Becky has worked in or for the NHS for 25 years. She brings experience of the wider system and its interdependencies, having held middle and senior management roles in acute, community, mental health, primary care, commissioning and policy sectors. Becky has been an associate of The Leadership Trust Foundation for 20 years, working as a coach and facilitator in support of their Leading and Managing Change Programmes.

Becky is a mum to two teenage boys who she has been lucky enough to travel with on a couple of extended trips in pursuit of expanded horizons and shared experiences. In 2008 they spent 7 months in a campervan travelling around New Zealand and in 2018 spent 3 months volunteering in Sri Lanka and living with a local family.

Closer to home, being part of a community is important. Mostly this involves socialising with friends but also volunteering for a local charity whose aim is to open up opportunities for less advantaged children living in the area.

### **Loretta Outhwaite ACMA, CGMA, Dip (Mgt) Open**

Loretta, a Chartered Management Accountant, is an experienced Chief Officer and Finance Director, who has worked for over 30 years within healthcare and the public sector in the UK and in Jersey. In addition to having comprehensive finance skills and experience, Loretta has undertaken national, cross-healthcare economy and local programme director and manager roles relating to information technology, professional and service transformation.

During her career Loretta has had the opportunity to lead and manage across all healthcare sectors and settings, and a wide range of functions, including: performance and contract management, information technology, procurement, information governance, corporate governance and corporate communications. This has provided her with a holistic, broad and deep understanding of healthcare and public-sector services.

As an NHS Future-Focused Finance (FFF) Value Maker, Loretta is passionate about the power of finance in supporting delivery of excellence in patient care and about making people count. She is a former Senior Responsible Officer for the NHS FFF workstream 'Great Place to Work', which focused on diversity and career development, and a former HFMA Academy Tutor for their Level 7 programme.

In September 2018, Loretta founded 'Turn the Tide Solutions Limited', which delivers consultancy, interim support, business development, training, and coaching and mentoring to executives and aspiring leaders.

Loretta is currently the Interim Chief Executive for the Institute of Healthcare Management, the lead for the Isle of Wight IHM Group, a 'Best Possible Value Facilitator' for the Healthcare Costing for Value Institute, a member of the Trust for The Island Free School (Isle of Wight), a mentor on the NHS Clinical Entrepreneur programme and represents the IHM on the British Standards Institute 'Healthcare Organization Management' Committee.

Loretta is married, with two boys - one who has 'flown the nest' and one studying A levels.

### **Niti Pall**

Biography to follow

## **Katherine Sheerin**

Katherine has worked in the NHS for over 30 years, initially as an auxiliary District Nurse whilst studying at University. On graduating, she joined the Graduate Management Training Scheme, with her final placement in Old Swan Health Centre, working with three single handed practices to support them to collaborate. Since then, nearly all of her work has been in or with primary care, with many roles involving building new organisations and / or building collaboration across organisations.

Katherine spent 25 years in the Liverpool system, working her way up through roles in primary care, community services, public health and commissioning to become Accountable Officer for Liverpool CCG. As part of this, she led Healthy Liverpool, a system wide transformation programme which resulted in evidenced improvements in health outcomes and quality of services.

For the past two years, Katherine has worked in the Leeds system in both commissioning and provider roles at Director level.

She has also had several national roles, including as a member of the NAPC Executive, NHS Clinical Commissioners Board and a member of Health and Care Transition Task Group (DCLG / DH joint working group to oversee development of the Better Care Fund).

In her spare time Katherine likes to swim and run and is also a regular volunteer at South Liverpool Food Bank.

## **Samantha Sherrington**

Sam is CEO of her own healthcare business. She is a Registered Nurse, qualified Specialist Practitioner in the home, District Nursing and Nurse Prescriber.

Sam has spent a number of years in NHS England national team formerly as Head of Nursing and Midwifery Strategy within the Nursing Directorate and Head of Stakeholder and Cultural Transformation, Future Focused Finance within the Finance Directorate.

Previously for eight years, Sam worked for the Northwest Strategic Health Authority, leading the delivery of the Department of Health Non-Medical Prescribing Programme across the region, then nationally and internationally.

Sam holds a number of national roles, including Council Nurse member National Association for Primary Care, Co-chair of European committee Prescribing Research in Medicines Management (PRIMM), Chair of Association for Prescribers, Director of Health Education Cooperative.

Sam is well published and has won a number of awards, most notably The Eileen Steele Memorial Award for Caring.

Sam holds a MSc Nursing (Cancer), a post graduate Leadership and Management qualification, ILM exec coach and is a Top Directors Leadership Academy graduate. She is a board member for Trafford Clinical Commissioning Group, Greater Manchester.

In her spare time, Sam enjoys time with her young family, is semi-keen runner and is former Mayoress of Bolton 2018-19.